

AKHBAR : BERITA HARIAN

MUKA SURAT : 8

RUANGAN : NASIONAL

Penularan penyakit tangan, kaki dan mulut

## Syor kuarantin pesakit HFMD elak risiko merebak

**Kota Bharu:** Pakar virologi menCadangkan supaya kanak-kanak yang dijangkiti penyakit tangan, kaki dan mulut (HFMD) dikuarantin supaya virus itu tidak terus merebak.

Pakar Mikrobiologi dan Parasitologi Perubatan, Pusat Pengajian Sains Perubatan, Universiti Sains Malaysia (USM), Prof Dr Zakuan Zainy Deris, berkata penularan HFMD kini dalam trend meningkat, dengan lazimnya menjangkiti kanak-kanak terutama yang berusia lima tahun ke bawah.

Katanya, ini kerana kanak-kanak dijangkiti HFMD boleh menyebarkan virus berkenaan, sehinggalah ruam kering dalam tempoh kira-kira seminggu.

Beliau berkata, tempoh inkubasi bermula dari pendedahan kuman hingga mengalami gejala

ialah antara tiga hingga lima hari, dengan penghidap HFMD berisiko menularkannya kepada kanak-kanak lain ketika bergejala.

"Gejala HFMD boleh berulang dan menjangkiti kanak-kanak sama jika ia membabitkan 'strain' virus yang berbeza. Orang dewasa dan kanak-kanak lebih berumur juga boleh dijangkiti HFMD tetapi biasanya gejala tidak teruk," katanya dalam kenyataan, semalam.

Dr Zakuan berkata, gejala HFMD meliputi demam dan diikuti ruam berisi air (*blister*) atau melepuh pada tangan, kaki, mulut serta lidah.

"Apabila 'blister' pecah, kanak-kanak yang dijangkiti HFMD biasanya kurang selera makan dan minum disebabkan kesakitan yang dialami, sehingga menyebabkan kekurangan air

dalam badan.

"Pada masa sama, penyakit ini juga boleh merebak melalui sentuhan. Apabila tangan pesakit yang mengalami 'blister' pecah (lelehan air) dan menyentuh kanak-kanak lain, maka virus boleh berpindah serta menjangkiti kanak-kanak lain," katanya.

Dr Zakuan yang juga Ketua Jabatan Mikrobiologi dan Parasitologi Perubatan berkata, pesakit HFMD boleh dikesan menerusi tanda seperti kulit melepuh pada tapak tangan, tapak kaki serta dalam mulut.

"Untuk mendiagnosis penyakit ini, letusan atau cecair *blister*

dalam mulut, pada tapak tangan ataupun kaki, atau air liur serta najis akan diambil dan dilakukan ujian *Polymerase Chain Reaction* (PCR) bagi mengenal pasti kehadiran virus.

"Bagi pesakit yang mempunyai gejala ringan, rawatan diperlukan hanya berehat di rumah dan memastikan pengambilan air mencukupi. Paling penting, pesakit perlu dikuarantin supaya virus tidak merebak. Pesakit yang mengalami gejala teruk pula perlu dirawat di hospital," katanya.

Beliau berkata, ibu bapa atau penjaga dinasihat memastikan anak yang dijangkiti HFMD berehat di rumah sehinggalah gejala penyakit itu pulih sepenuhnya kerana tiada vaksin khusus untuk mencegah HFMD buat masa ini.

“Apabila tangan pesakit yang mengalami ‘blister’ pecah (lelehan air) dan menyentuh kanak-kanak lain, maka virus boleh berpindah serta menjangkiti kanak-kanak lain”



Dr Zakuan Zainy Deris,  
Pakar Mikrobiologi dan Parasitologi Perubatan,  
Pusat Pengajian Sains Perubatan USM

AKHBAR : HARIAN METRO

MUKA SURAT : 6

RUANGAN : LOKAL

**KES CACAR MONYET****Tiada makluman diterima: KKM**

**Kuala Lumpur:** Kementerian Kesihatan Malaysia (KKM) mengesahkan tidak menerima sebarang notifikasi berkenaan kes jangkitan cacar monyet atau kes kanak-kanak yang dikatakan dijangkiti virus itu seperti dalam mesej berserta gambar yang tular di media sosial.

KKM dalam hantaran di Twitter menyatakan ia tidak menerima pemakluman berhubung jangkitan

itu setakat 5 petang kelmain.

"Sekiranya gambar itu adalah benar, waris kepada kanak-kanak itu dinasihati untuk membawanya ke fasiliti kesihatan kerajaan berdekatan dengan segera untuk menjalani pemeriksaan dan mendapatkan rawatan," katanya.

Orang ramai dinasihati supaya tidak menularkan berita yang tidak diketahui kesahihannya.

**31 Mei tarikh akhir beri dos pertama PICKids**

**Kuala Lumpur:** Sebanyak 1,131,326 atau 31.9 peratus kanak-kanak berusia lima hingga 11 tahun di negara ini sudah lengkap divaksin di bawah Program Imunisasi Kanak-Kanak Covid-19 Kebangsaan (PICKids), setakat kelmarin.

Berdasarkan data menerusi laman web COVID-NOW, sejumlah 1,683,567 atau 47.5 peratus daripada kumpulan itu sudah menerima sekurang-kurangnya satu dos vaksin.

Tarikh akhir pemberian vaksin dos pertama Covid-19 bagi kanak-kanak menerusi PICKids adalah pada 31 Mei ini.

Bagi remaja berusia 12 hingga 17 tahun, sebanyak 2,910,553 atau 93.5 peratus sudah lengkap divaksin manakala 3,007,101 atau 96.6 peratus daripada kumpulan itu telah menerima sekurang-kurangnya satu dos vaksin.

Sementara itu, seramai 16,084,603 atau 68.4 peratus orang dewasa di negara ini menerima suntikan dos penggalak, 22,973,173 atau 97.6 peratus sudah lengkap dua dos suntikan vaksin dan 23,249,459 atau 98.8 peratus telah menerima sekurang-kurangnya satu dos vaksin.



AKHBAR : HARIAN METRO

MUKA SURAT : 17

RUANGAN : LOKAL

## Kes denggi di Kulai makin meningkat

**Johor Bahru:** Kes denggi dilaporkan meningkat di Kulai dengan 109 kes denggi direkodkan pada Minggu Epid ke 20/2022 berakhir 21 Mei lalu berbanding 24 kes dalam tempoh sama pada tahun lalu.

Pengerusi Jawatankuasa Kesihatan dan Perpaduan negeri, Ling Tian Soon berkata, peningkatan kes di Kulai terutamanya dilaporkan dalam kalangan pekerja warga asing, membabitkan penularan di asrama, tempat tinggal atau di kilang.

Katanya, pemilik industri perlu mengambil peranan masing-masing di dalam menangani masalah ini dengan segera, khususnya di dalam memastikan kebersihan premis agar bebas daripada pembiakan nyamuk Aedes.

"Johor Bahru penyumbang utama kes denggi iaitu 414 kes (64 peratus), diikuti daerah Kulai sebanyak 109 kes (16.8 peratus.

Peningkatan ketara tahun ini dilihat khususnya di daerah Kulai dengan peningkatan kes yang mendadak daripada 24 kes kepada 109 kes dalam tempoh sama.

"Tindakan penguatkuasaan akan diambil di bawah Akta Pemusnah Serangga Pembawa Penyakit 1975, sekiranya terdapat pembiakan aedes.

"Pemilik boleh dikenakan kompaun sebanyak RM500 dengan tindakan mahkamah akan dikenakan, denda maksimum RM10,000 atau penjara tidak lebih daripada dua tahun atau kedua-duanya sekali sekiranya kejadian berulang.

"Premis seperti kilang juga akan diarahkan tutup di bawah Seksyen 8(3)(aa) bagi tujuan pembersihan sekiranya tempat pembiakan yang luas dijumpai," katanya menerusi satu kenyataan media di sini, semalam.



AKHBAR : NEW STRAITS TIMES

MUKA SURAT : 4

RUANGAN : NEWS/NATION

PICKIDS

## 6 DAYS LEFT FOR KIDS TO GET COVID JAB

Parents urged to get their children protected to prevent complications

DAWN CHAN  
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**W**ITH six days left before the end of the Covid-19 National Immunisation Programme for Children (PICKids) this month, the Health Ministry has advised parents to get their children aged 5 to 11 vaccinated against the virus.

Deputy Health Minister I Datuk

Dr Noor Azmi Ghazali said it was vital to keep children protected from contracting severe symptoms from the virus, which also exposed them to the possibility of multisystem inflammatory syndrome (MIS-C) and Long Covid.

"We are worried if there are new Covid-19 variants and they are infected because they do not have immunity.

"When that happens, they could transmit the virus to adults.

"So I urge and plead with parents to make the best decision for their children and get them immunised against Covid-19.

"Covid-19 is real and we do not want our children to suffer from serious symptoms and other hazardous health issues," he said in TV3's *Malaysia Hari Ini* yesterday.

Dr Noor Azmi said vaccination had proven to safeguard children from the Covid-19 virus, as shown in data by the Institute for Clinical Research (ICR) under the National Institute of Health.

"When cases shot up, we began vaccination on Feb 3.

"When the immunisation rate rose and we kick-started the second dose, the cases had dropped.

"Yes, there were other public health measures, but it is clear that vaccination has helped to reduce cases.

"When they were completely vaccinated, the number of cases dropped further," he added.

ICR director Dr Kalai Pearlasingam had said PICKids had brought down infections among children during the Omicron wave.



The empty waiting hall at the Seberang Jaya Expo vaccine delivery centre in Penang yesterday. PIC BY DANIAL SAAD

He shared a graph on his Twitter page, which showed cases involving the age group peaking at the end of February, before steadily dropping in March, April and this month.

The ministry's CovidNow portal yesterday showed that 47.5 per cent of children had gotten their first vaccine dose and 31.9 per cent had been fully inoculated.

No booster doses were offered to them.

Meanwhile, the Covid-19 recovery rate exceeded new infections for the third day in a row.

Data from the CovidNow portal reported that 2,124 people recovered from the virus compared with the 1,918 fresh cases registered on Tuesday.

On May 23 and 22, there were

2,905 and 3,389 recoveries, which outnumbered 1,544 and 1,817 cases, respectively.

Tuesday's cases consisted of 1,896 local transmissions and 22 imported cases.

Selangor recorded the highest number of cases with 831, followed by Kuala Lumpur with 413 and Penang with 124.

The nation's cumulative number of cases was 4,494,782 since the pandemic struck, while recoveries stood at 4,434,195.

There were 478 hospital admissions on Tuesday, largely at hospitals in Klang Valley with 154 patients and in Johor with 122.

Two deaths with no brought-in dead cases were reported on Tuesday, bringing the total number of fatalities to 35,647.

### PRECAUTIONS

## Khairy urged to tackle concerns about monkeypox

**GEORGE TOWN:** Gerakan has urged Health Minister Khairy Jamaluddin to arrest concerns about the monkeypox viral infection.

The government, said Gerakan vice-president Datuk Baljit Singh yesterday, had implied that the country was not facing a real threat of a monkeypox outbreak.

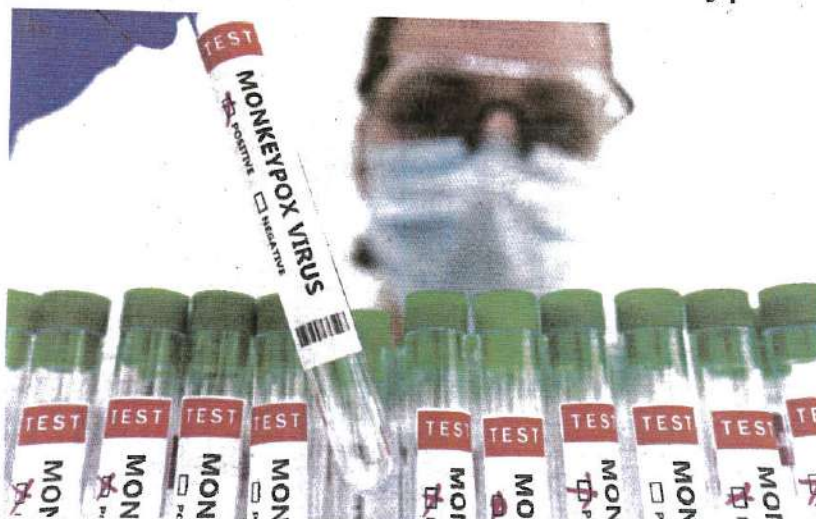
"Should we not be on guard for any eventuality as our borders are now open to international travellers?

"Are any standard operating procedures (SOP) and follow-up actions being put in place to get travellers from affected countries to self-monitor and get checked should monkeypox symptoms develop?

"Our international airports and other public transport handling tourists need to be armed with the right protocols for diagnosis, treatment and quarantine if and when a case is confirmed.

"The last thing we need now is to burden our healthcare system and economy, which is barely recovering from Covid-19 for the past two years."

Baljit said although health experts had advised those who were travelling abroad to take the chickenpox vaccine (supposedly



Test tubes labelled 'Monkeypox virus positive' are seen in a laboratory recently. REUTERS PIC

85 per cent effective against monkeypox), there was no clarification or feedback from the authorities whether the government and private hospitals had adequate supply of this vaccine.

He added that although it was

reported that the monkeypox disease might be rarely fatal to humans, Malaysia should not waste time in introducing precautions and restrictions to limit its spread.

"This could yet be another ex-

plosive situation... the Health Minister (Khairy Jamaluddin) must arrest concerns about this viral infection.

"Efforts must be made to check for any incidence of infection among our animal population.

"Malaysia can neither afford to close its borders to travellers nor allow this infection to be the cause of further lockdowns."

Health director-general Tan Sri Dr Noor Hisham Abdullah had said that apart from monitoring monkeypox cases based on reports from the World Health Organisation, the ministry would also carry out surveillance on suspected cases at international entry points.

However, up to Tuesday, the ministry had not received any report of monkeypox cases in the country.

The ministry, on its Facebook page, said it had not been notified of people infected with monkeypox, as stated in a social media message bearing a photograph of a child with lesions on the hands.

"We have not received notifications on such a case.

"If the photograph is real, we advise the next of kin to take the child to a government health facility.

"The public are advised not to spread unverified news.

"Instead, advise the patients or next of kin to get medical advice first on diseases or other health issues."

AKHBAR : THE SUN

MUKA SURAT : 4

RUANGAN : NEWS WITHOUT BORDERS

## 2,876 HFMD cases recorded in Negri Sembilan

**SEREMBAN:** Negri Sembilan recorded a total of 2,876 cases of the hand, foot and mouth disease (HFMD) between January and Tuesday, said State Health, Environment, Cooperative and Consumerism Committee chairman S. Veerapan.

He attributed the large number of

HFMD cases in the state to the reopening of the education sector and public places.

The highest number of cases was 989 recorded during the 20th epidemiological week (May 15 to 21), a three-fold increase from the previous week, he said in a statement yesterday.

Veerapan added of the total cases reported, Seremban recorded the highest with 1,643, followed by Port Dickson (353), Jempol (296), Rembau (265), Tampin (131), Kuala Pilah (116) and Jelebu (70).

He added HFMD infections were still active in Jempol (nine), Seremban (three), Port Dickson

(two) and one each in Rembau and Jelebu.

He advised parents or guardians to constantly monitor their children and not send them to schools or kindergartens if they showed symptoms such as fever, ulcers in the mouth or blisters on hands or feet.

- Bernama

## May 31 last day to get first Covid jab for children

**KUALA LUMPUR:** A total of 1,131,326 or 31.9% of children aged five to 11 in the country have been fully vaccinated under the Covid-19 National Immunisation Programme for Children as of Tuesday.

According to the CovidNOW website, a total of 1,683,567 children or 47.5% of the group have received at least one dose of the vaccine.

The deadline for children to get their first vaccine dose under the programme is May 31.

For adolescents aged 12 to 17, a total of 2,910,553 or 93.5% have been fully vaccinated, while 3,007,101 or 96.6% have received at least one dose.

As for adults, a total of 16,084,603 or 68.4% have received a booster dose, while 22,973,173 or 97.6% have completed two doses and 23,249,459 or 98.8% had received at least one dose of the vaccine.

A total of 9,883 doses were dispensed on Tuesday, involving 3,809 first doses, 3,945 second doses and 2,129 booster doses, bringing cumulative total doses administered under the immunisation programme to 70,826,089.

Meanwhile, the Health Ministry Github portal reported two Covid-19 deaths in Johor on Tuesday.

- Bernama