AKHBAR : HARIAN METRO
MUKA SURAT : 6
RUANGAN : LOKAL

Empat produk kosmetik ada bahan memudarat kesihatan

Putrajaya: Awas berikutan empat produk kosmetik dibatalkan notifikasi oleh Bahagian Regulatori Farmasi Negara (NPRA) Kementerian Kesihatan (KKM) kerana dikesan mengandungi racun berjadual.

Ketua Pengarah Kesihatan Tan Sri Dr Noor Hisham Abdullah berkata, empat produk itu adalah BL Skincare Day Cream 1 yang dikesan mengandungi hidrokuinon dan tretinoin manakala tiga produk lagi iaitu Biela Beauty Glowing Night Cream, BL Skincare Day Cream 2 dan BL Skincare Night Cream masing-masing dikesan mengandungi merkuri.

"Notifikasi produk-produk kosmetik itu sudah dibatalkan oleh Pengarah Kanan Perkhidmatan Farmasi, KKM dan tidak lagi dibenarkan untuk dijual di Malaysia," katanya, semalam.

Dr Noor Hisham berkata, orang awam yang sedang menggunakan produk kosmetik itu dinasihatkan segera menghentikan penggunaannya dan mendapatkan nasihat daripada ahli profesional kesihatan jika mengalami sebarang ketidakselesaan atau kesan advers.

Beliau berkata, hidrokuinon boleh menyebabkan kemerahan pada kulit yang disapu, ketidakselesaan, perubahan warna kulit yang tidak diingini, kulit menjadi hipersensitif, menghalang proses pigmentasi yang mengurangkan perlindungan kulit daripada pancaran sinar ultraungu berbahaya dan boleh meningkatkan risiko kanser kulit.

Menurutnya, penggunaan tretinoin tanpa pengawasan ahli profesional kesihatan boleh menyebabkan bahagian kulit yang disapu menjadi kemerahan, tidak selesa, pedih, mengelupas dan hipersensitif kepada cahaya matahari.

"Merkuri dilarang di dalam produk kosmetik kerana boleh memudarat kesihatan. Ia boleh diserap masuk ke dalam badan dan menyebabkan kerosakan pada buah pinggang dan sistem saraf serta boleh mengganggu perkembangan otak kanak-kanak yang masih kecil atau yang belum dilahirkan,," katanya.

Beliau berkata, merkuri juga boleh menyebabkan ruam, iritasi dan perubahan lain pada kulit.

Dr Noor Hisham berkata, penjual dan pengedar produk kosmetik itu perlu menghentikan penjualan dan pengedaran produk kosmetik itu dengan serta-merta kerana melanggar Peraturan-peraturan Kawalan Dadah dan Kosmetik 1984.

Individu yang melakukan kesalahan di bawah peraturan itu boleh dikenakan hukuman denda tidak melebihi RM25,000 atau penjara tidak melebihi tiga tahun atau kedua-duanya untuk kesalahan pertama, dan denda tidak melebihi RM50,000 atau penjara tidak melebihi lima tahun atau kedua-duanya untuk kesalahan berikutnya.

Syarikat yang melakukan kesalahan boleh didenda sehingga RM50,000 untuk kesalahan pertama dan denda sehingga RM100,000 untuk kesalahan berikutnya.

Dr Noor Hisham turut menggalakkan orang awam menyemak status notifikasi sesuatu produk kosmetik.

AKHBAR : KOSMO
MUKA SURAT : 12
RUANGAN : NEGARA

Empat produk ada racun berjadual

PUTRAJAYA – Bahagian Regulatori Farmasi Negara (NPRA) mengingatkan orang awam agar tidak membeli dan menggunakan tiga produk keluaran BL Skincare dan satu produk Biela Beauty ekoran dilaporkan mempunyai racun berjadual.

Ketua Pengarah Kesihatan, Tan Sri Dr. Noor Hisham Abdullah berkata, susulan itu, notifikasi produk kosmetik terlibat telah dibatalkan serta tidak lagi dibenarkan untuk dijual di negara ini.

"Produk terlibat ialah Biela Beauty Glowing Night Cream di mana dilaporkan mempunyai merkuri selain BL Skincare Day Cream 1, BL Skincare Day Cream 2 dan BL Skincare Night Cream yang mempunyai merkuri, hydroquinone serta tretinoin.

"Penjual serta pengedar produk tersebut perlu menghentikan penjualan secara serta-merta susulan melanggar Peraturan-Peraturan Kawalan Dadah dan Kosmetik 1984," kata beliau dalam satu kenyataan di sini semalam.

Dr. Noor Hisham berkata, individu yang melakukan kesalahan di bawah peraturan itu boleh dikenakan hukuman dan denda tidak melebihi RM25,000 atau penjara tidak melebihi tiga tahun atau kedua-duanya bagi kesalahan pertama.

"Produk yang mengandungi hydroquinone serta tretinoin merupakan ubat yang perlu berdaftar dengan Pihak Berkuasa Kawalan Dadah (PBKD) selain boleh digunakan selepas mendapat nasihat ahli profesional kesihatan.

"Hydroquinone boleh menyebabkan kemerahan pada kulit selain meningkatkan risiko kanser, manakala penggunaan tretinoin tanpa pengawasan boleh mengundang risiko tidak selesa, pedih dan hipersensitif kepada cahaya matahari," jelas beliau.

PRODUK keluaran Biela Beauty dan BL Skincare yang dilaporkan mempunyai racun berjadual.

AKHBAR : SINAR HARIAN
MUKA SURAT : 13
RUANGAN : NASIONAL

Dapatkan nasihat ahli profesional kesihatan jika alami kesan sampingan

Empat produk kosmetik dikesan ada racun berbahaya

PUTRAJAYA

Bahagian Regulatori Farmasi Negara (NPRA) Kementerian Kesihatan Malaysia (KKM) membatalkan notifikasi empat produk kosmetik kerana dikesan mengandungi racun berjadual.

Ketua Pengarah Kesihatan, Tan Sri Dr Noor Hisham Abdullah berkata, empat produk itu ialah BL Skincare Day Cream 1 yang dikesan mengandungi hidrokuinon dan tretinoin manakala tiga produk lagi iaitu Biela Beauty Glowing Night Cream, BL Skincare Day Cream 2 dan BL Skincare Night Cream masing-masing dikesan mengandungi merkuri.

"Notifikasi produk-produk kosmetik terlibat telah dibatalkan oleh Pengarah Kanan Perkhidmatan Farmasi KKM dan tidak lagi dibenarkan untuk dijual di Malaysia," katanya dalam satu kenyataan pada Isnin.

Dr Noor Hisham berkata, orang awam yang sedang menggunakan produk kosmetik tersebut dinasihatkan segera menghentikan penggunaannya dan mendapatkan nasihat daripada ahli profesional kesihatan jika mengalami sebarang ketidakselesaan atau kesan *advers* (sampingan).

Beliau berkata, hidrokuinon boleh menyebabkan kemerahan pada kulit yang disapu, ketidakselesaan, perubahan warna kulit yang tidak diingini, kulit menjadi hipersensitif, menghalang proses pigmentasi yang mengurangkan perlindungan kulit daripada pancaran sinar ultraungu berbahaya dan boleh meningkatkan risiko kanser kulit.

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"Merkuri dilarang di dalam produk kosmetik kerana boleh memudaratkan kesihatan. Ia boleh diserap masuk ke dalam badan dan menyebabkan kerosakan pada buah pinggang dan sistem saraf serta boleh mengganggu perkembangan otak kanak-kanak yang masih kecil atau yang belum dilahirkan," katanya.

Beliau berkata, merkuri juga boleh menyebabkan ruam, iritasi dan perubahan lain pada kulit.

Katanya, penjual dan pengedar produk kosmetik itu perlu menghentikan penjualan dan pengedaran produk kosmetik tersebut dengan serta-merta kerana melanggar Peraturan-peraturan Kawalan Dadah dan Kosmetik 1984. - *Bernama*

Empat produk kosmetik yang dikesan mengandungi racun berjadual.

AKHBAR : UTUSAN MALAYSIA
MUKA SURAT : 12
RUANGAN : DALAM NEGERI

PENGGUNAAN aplikasi MySejahtera diyakini terus kekal relevan dalam memacu rakyat ke arah Revolusi Industri 4.0.

MySejahtera tidak 'terkubur'

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PETALING JAYA: Kementerian Kesihatan tidak merancang menamatkan penggunaan aplikasi MySejahtera malah sedang berusaha memperluas fungsinya sebagai aplikasi kesihatan awam yang umum.

Bercakap kepada *Utusan Malaysia*, Timbalan Menteri Kesihatan I, Datuk Dr. Noor Azmi Ghazali berkata, terdapat perancangan untuk menggunakan MySejahtera sebagai medium bagi menyimpan maklumat kesihatan pengguna.

"Kerajaan melihat platform aplikasi MySejahtera mempunyai potensi yang tiada batas. Kita sedang dalam perancangan untuk menambah ciri-ciri serta modul yang membantu pengguna memantau dan mempertingkat tahap kesihatan kendiri dengan mudah dan tepat.

"Kita yakin penggunaan aplikasi MySejahtera terus kekal relevan dalam memacu rakyat ke arah Revolusi Industri 4.0 selaras dengan Pelan Strategik Pendigital Sektor Awam (PSPA) 2021-2025," katanya ketika dihubungi semalam.

Menurut Noor Azmi, MySejahtera juga sedang dibangunkan untuk membolehkan ibu bapa dan penjaga menyimpan rekod imunisasi anak-anak serta kanak-kanak jagaan mereka.

"Ini memudahkan ibu bapa tentang sejarah imunisasi anak-anak kerana aplikasi itu akan memaparkan sijil imunisasi digital untuk setiap vaksinasi yang diterima.

"Bagi pengguna dewasa, mereka melakukan saringan kesihatan kendiri dan menyimpan maklumat serta sejarah kesihatan peribadi dalam MySejahtera," katanya.

Sementara itu, pakar keselamatan maklumat, Fakulti Sains Komputer dan Teknologi Maklumat Universiti Putra Malaysia (UPM), Prof. Madya Dr. Nur Izura Udzir berkata, isu keselamatan data dan privasi pengguna perlu diberi perhatian serius jika MySejahtera mahu digunakan secara berterusan.

Katanya, langkah itu penting bagi memastikan aspek privasi terus terjamin di samping tiada diskriminasi timbul untuk digunakan oleh semua pihak.

"MySejahtera sudah memiliki data-data peribadi individu termasuk nombor telefon, alamat di samping rekod kesihatan. Mungkin fungsinya itu boleh dikembangkan lagi untuk tujuan-tujuan lain termasuk penyakit berjangkit, vaksinasi atau saringan kesihatan," katanya.

AKHBAR : NEW STRAITS TIMES
MUKA SURAT : 4
RUANGAN : NEWS/NATION

26TH EPIDEMIOLOGICAL WEEK

Covid-19 cases rose 6pc last week

KUALA LUMPUR: The number of Covid-19 infections for the 26th Epidemiological Week (EW26), from June 26 to July 2, increased by 6.1 per cent to 16,694 cases, from 15,739 cases in the previous week.

Health director-general Tan Sri Dr Noor Hisham Abdullah said the number of deaths in EW26 also jumped twofold to 26, from 13 the week before.

"The number of recovered patients increased by 1.5 per cent from 14,078 cases (in EW25) to 14,293 cases," he said yesterday.

Dr Noor Hisham said the daily average of active cases for EW26 went up by 3.4 per cent to 28,956, and the cumulative number of cases was 4,571,355.

He said the admission of Covid-19 patients to public health facilities, including quarantine and centres, per 100,000 population, had increased by 10 per cent in EW26.

He said there was a 22 per cent increase in the number of admissions to public hospitals per 100,000 population.

Categories 1 and 2 admissions rose by 31 per cent, and categories 3, 4 and 5 admissions increased by 13 per cent.

Dr Noor Hisham said Covid-19 cases monitored virtually in EW26 increased by 24.7 per cent to 43,203, compared with 34,639 in EW25. However, the infectivity rate in EW26 declined to 0.9 per cent, he said, adding that there were 10 active clusters.

He said the rate of samples testing positive for influenza-like illness in EW26 dropped by 21.7 per cent, and the positive rate of severe acute respiratory infection samples remained at zero per cent. **Bernama**

A child getting a Covid-19 vaccine at a clinic in Air Itam, George Town, last month. FILE PIC

AKHBAR : NEW STRAITS TIMES
MUKA SURAT : 5
RUANGAN : NEWS/NATION

HARMFUL

MINISTRY BANS 4 BEAUTY PRODUCTS

Scheduled poisons found in Biela Beauty Glowing Night Cream, BL Skincare Day Cream 1 and 2, BL Skincare Night Cream

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THE Health Ministry (MoH) has banned four cosmetic products after they were found to have scheduled poisons and thus are no longer allowed to be sold in Malaysia.

The banned cosmetic products are the Biela Beauty Glowing Night Cream, BL Skincare Day Cream 1, BL Skincare Day Cream 2 and BL Skincare Night Cream.

Health director-general Tan Sri Dr Noor Hisham Abdullah said the National Pharmaceutical Regulatory Division (NPRA) found mercury in Biela Beauty Glowing Night Cream, BL Skincare Day Cream 2 and BL Skincare Night Cream, as well as hydroquinone and tretinoin in BL Skincare Day Cream 1.

Following this, he said, the senior pharmaceutical services director had revoked product notifications of these items.

"These products are no longer allowed to be sold in Malaysia," he said yesterday.

He warned that sales and distribution of these items were against the Control of Drugs and Cosmetics Regulations 1984.

He said products containing hydroquinone and tretinoin needed to be registered under the Drug Control Authority and must be used with the advice of healthcare professionals.

"The use of hydroquinone and tretinoin without the observation of healthcare professionals can cause skin complications and mercury is banned in cosmetic products as it is harmful.

"Individuals who are using these four products should stop using them and seek medical advice should they experience any adverse effects."

He added that hydroquinone could cause redness on the part of the skin where it was rubbed, discomfort, unwanted skin discoloration, skin becoming hypersensitive, as well as inhibit the process of pigmentation (depigmentation) which reduced skin protection from harmful UV rays and could increase the risk of skin cancer.

Using tretinoin without the supervision of a health professional could cause the rubbed part of the skin to become red, uncomfortable, sore, flaky and hypersensitive to sunlight, he said.

"Mercury is banned in cosmetic products because it's harmful to health. It can be absorbed into the body and cause damage to the kidneys and nervous system, and can interfere with the brain development of young or unborn children."

He said mercury could also cause rashes, irritation and other changes to the skin.

Dr Noor Hisham said sellers and distributors of the cosmetic products should stop their sale and distribution immediately.

An individual who commits an offence under the Control of Drugs and Cosmetics Regulations 1984 is liable to a fine not exceeding RM25,000, or jail im not exceeding three years, or both for the first offence, and to a fine not exceeding RM50,000, or imprisonment not exceeding five years, or both for subsequent offences.

Companies that commit the offence can be fined up to RM50,000 for the first time and up to RM100,000 for subsequent offences.

Pople are encouraged to check the notification status of a cosmetic product by browsing the NPRA official website at www.npra.gov.my or through the "NPRA Product Status" application, which can be downloaded from the Google Play Store.

Biela Beauty Glowing Night Cream (top) and BL Skincare Day Cream 2 (bottom) are two of the four cosmetic products no longer allowed to be sold in Malaysia as they contain scheduled poisons. PIC COURTESY OF THE HEALTH MINISTRY

AKHBAR : THE STAR
MUKA SURAT : 3
RUANGAN : NATION

The terrible 'tooth' of fake dentists

Cheap fixes could cost victims dearly as procedures may damage teeth further

By ALIZA SHAH
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PETALING JAYA: Damaged teeth, tooth loss, swollen gums and even paralysis – these are just some of the symptoms people suffer after botched work by quacks offering quick and cheap fixes.

These illegal dentists can be found almost everywhere – in beauty parlours, hair salons, day and night markets and even on the sidewalk.

Some even provide house-to-house services.

The Health Ministry has seen complaints from affected customers almost triple from 54 in 2017 to 130 in 2019. And that's just the tip of the iceberg – the few affected ones who have come forward to lodge reports.

Most just try to get a real dentist to sort out the problem. And that could be costly if done in the private sector.

A dentist who spoke to *The Star* said registered clinics had come across at least 30 cases involving brace placement by illegal practitioners in four years.

The Star's revelation on the abundance of illegal and unqualified "dentists" who received "certification" from beauty centres yesterday has raised concerns even among those in the medical fraternity who have seen the effects of the botched work by these practitioners.

These include swollen gums, tooth loss and paralysis.

The Health Ministry's Oral Health principal director Dr Noormi Othman said professional dentists not only examine patients' teeth, but also understand the human anatomy – the blood vessels, and muscles that interconnect.

"Any improper treatment can cause the patient to suffer consequences such as swelling, pain, nerve paralysis and infection.

"These bogus dentists usually use unsterilised equipment that may lead to the transmission of diseases like HIV, Covid-19 or Hepatitis B.

"Proper infection control is not a priority because they only think about profits," she said adding that some of those arrested claimed their customers were not bothered by issues of hygiene, as long as they got what they wanted.

Dr Iqbal Rosali, a member of the Medical Mythbusters Malaysia (dental) said illegal practitioners would normally only provide "cosmetic" treatments and not treat a patient's actual condition.

"If a patient comes to us, we will check the condition of his mouth and teeth, and solve whatever issues that can lead to further complications.

"These are the things these illegal practitioners cannot do. For example, they will conceal broken teeth with veneer.

"That only leads to other complications such as swollen gums and premature loss of teeth," Dr Iqbal said.

A dentist who wished to be known as Dr Anis said her clinic had attended to no less than 30 cases involving mostly students who had their braces fixed by quack dentists.

"They see it as a fashion (statement), but what they don't think about is how it would affect their gums and teeth.

"Some of them had teeth that looked fine but at the end of the day, the condition of their teeth became bad," she said.

The elderly, especially those in rural areas, are easy prey for quack dentists.

"We have had many elderly who came to us because they felt pain after wearing dentures for about two to three years.

"This happens because the dentures cannot be removed, hence these people can't clean their gums. This then leads to infections," she said.

A dentist, who wished to be known as Dr MJ, said he had a patient who had "mentos or toilet white" teeth after a quack fixed their dental veneer.

"The patient paid a lot for the veneer. Unfortunately, we had to remove everything because it was not fixed properly.

"Not only were her teeth damaged, her gums were swollen, too," he said.

Some also reportedly used fake acrylic fingernails on the patient's teeth for a whitening effect.

Beauty and the beast: The facade of a beauty salon which also offers dentistry courses.

How to check whether a dentist is legally certified

1. Has been registered with the Malaysian Dental Council
2. Possesses and displays a valid practising certificate
3. Is operating from a facility that is registered with the Health Ministry

Check the status of a dentist via: www.dpims.moh.gov/sk_public_search

For more information or lodge a complaint on fake dentists, contact: +603-88834215 or email to ohd@moh.gov.my or http//pcb.spab.gov.my

Fake dentists keep mouths zipped
See next page

Patients find dentists on social media – and live to regret it

PETALING JAYA: Nur Syalwani Hanafi, a 33-year-old from Kota Baru, Kelantan, had crooked teeth and wanted braces.

She went looking for a cheap dentist – on Instagram. Big mistake.

Not only did she suffer losses of over RM400 but also ended up with a displaced tooth and bleeding gums.

She's not alone.

Waniey Fauzi, 26, from Taiping, Perak, also had braces done but they came off in just five hours. The dentist who did the job did not return her calls.

Nur Syalwani Hanafi said she had wanted to follow the then trend, which was to wear braces.

"I had crooked teeth so I looked for dental clinics on Instagram. At that time, there were many on social media.

"The 'doctor' that I approached told me that her prices are much cheaper because she didn't perform X-ray and there won't be any tooth extraction.

"The tools that she used were quite similar to the ones actual dentists use," she said.

On the treatment day, Syalwani immediately regretted her choice.

"I trusted her after reading all the feedback but when she came to my house I was shocked. She carried a 'plastic toolbox' which looked like one a mechanic would use.

"I wanted to cancel but I felt bad, so I kept calm and continued with the treatment," she said, adding that she only knew that they were fake braces after she was told by an actual dentist.

The tools that the operator used were unhygienic and had an unpleasant smell, Syalwani said.

The fake dentist, revealed Syalwani, looked like she had a long list of clients.

"She came to my house driving a Honda. Before that, she had visited another customer somewhere else.

"Imagine if she had a few customers a day, at RM450 per job, it must be good money," she said.

Meanwhile, Waniey said it took only five hours for her braces to get detached.

"When I told her what happened, the operator 'blue ticked' me even though she had told me earlier that I could give her a call if anything were to happen," she said.

Waniey too found the quack dentist on Instagram in January this year.

"I had the installation done at home. The 'doctor' was young, around 22 or 23, and the tools that she brought were similar to those in the clinic, but they looked like she had bought them online

"The cost was just RM100 plus an additional RM25 for transportation since she came to my house," she said.

Waniey added the effects of incorrect placement for the braces caused her teeth to loosen.

"I took out all the brackets on my own leaving only the 'glue' on my teeth. I wanted to go to a clinic but I was too scared. I had no idea how to explain this problem to the dentist.

"My teeth are also turning yellowish," she said, adding that she had learnt a good lesson to only get treatment from professionals.

The Star
Express dental DANGER

Superficial fix: Illegal practitioners normally would only provide 'cosmetic' treatment rather than treating the patient's actual condition. This eventually will lead to complications.

AKHBAR : THE SUN
MUKA SURAT : 4
RUANGAN : NEWS WITHOUT BORDERS

Four cosmetic products taken off shelves

Banned items contain scheduled poisons, says Health DG

PUTRAJAYA: The Health Ministry's National Pharmaceutical Regulatory Agency (NPRA) has cancelled the notification of four cosmetic products as they were found to contain scheduled poisons.

Health Director-General Tan Sri Dr Noor Hisham Abdullah said the four products, which are no longer allowed to be sold in Malaysa, are BL Skincare Day Cream 1, which is found to contain hydroquinone and tretinoin, Biela Beauty Glowing Night Cream, BL Skincare Day Cream 2 and BL Skincare Night Cream as they contain mercury.

Noor Hisham advised those who are using these products to stop immediately and seek advice from health professionals if they experienced any discomfort or adverse side-effects, Bernama reported.

He said applying hydroquinone on the skin can cause redness and discolouration. It also causes skin hypersensitivity as well as inhibits the process of pigmentation (depigmentation), which would reduce protection from harmful UV rays, thus increasing skin cancer risk.

The use of tretinoin without supervision of a health professional can cause the skin to become red, uncomfortable, sore, flaky and hypersensitive to sunlight, he said.

"Mercury is banned in cosmetic products because it can be harmful to health as it can be absorbed into the body and cause damage to kidneys and the nervous system. It can also interfere with brain development of young or unborn children," he said.

Mercury can also cause rashes, irritation and other changes to the skin.

Noor Hisham said sellers and distributors of these cosmetic products should stop their sale and distribution immediately as they are violating the Control of Drugs and Cosmetics Regulations 1984.

An individual who commits an offence under the regulation is liable to a fine not exceeding RM25,000 or imprisonment not exceeding three years or both for the first offence, and to a fine not exceeding RM50,000 or imprisonment not exceeding five years or both for subsequent offences.

Companies that commit the offence can be fined up to RM50,000 for the first offence and fined up to RM100,000 for subsequent offences.

The public is encouraged to check the notification status of a cosmetic product on the NPRA official website at www.npra.gov.my or through the NPRA Product Status application, which can be downloaded from the Google Play Store.

Rise in new infections, deaths last week

KUALA LUMPUR: The number of new Covid-19 infections in the country for the 26th epidemiological week (EW26), from June 26 to July 2, increased by 6.1% to 16,694 cases from 15,739 in the previous week (EW25).

Health Director-General Tan Sri Dr Noor Hisham Abdullah said the number of deaths also jumped to 26 from 13 the week before.

"The number of recovered cases increased by 1.5% from 14,078 in EW25 to 14,293," he said in a statement yesterday.

Noor Hisham added the average daily active cases for EW26 went up by 3.4% to 28,956, while the cumulative number of cases stood at 4,571,355.

Admission of patients into public hospitals and quarantine and treatment centres per 100,000 population has increased by 10% in EW26.

He said there was a 22% increase in the number of patient admissions to public hospitals per 100,000 population.

Categories 1 and 2 patient admissions rose by 31%, while categories 3, 4 and 5 admissions increased by 13%.

Noor Hisham also said daily active cases monitored by virtual Covid-19 Assessment Centres showed an increase of 24.7% to 43,203 compared with 34,639 at the end of EW25.

He said the infectivity rate recorded a decline of 0.9% in EW26, adding that there were 10 active clusters in the country. – Bernama